

**Reiki** is an ancient Japanese technique.

It is a form of alternative medicine called energy healing.

Reiki practitioners use a technique called palm healing or hands-on healing through which a "universal energy" is said to be transferred through the palms of the practitioner to the patient in order to encourage emotional or physical healing.

**Rei** = Universal Wisdom.   **KI** = Life Force

**Alchemy** was and is an ancient branch of natural philosophy, a philosophical and proto-scientific tradition practiced throughout Europe, Africa, and Asia, originating in Greco-Roman Egypt in the first few centuries. Alchemists attempted to purify, mature, and perfect certain materials and create a universal elixir.

It is also a Hermetic science and art of causing change, both physically and spiritually. The term is also used to describe the spiritual practices of chemists from other ancient cultures, such as ancient Chinese "[alchemists](#)."

In the old days, there was no division seen between spiritual and physical practices, but for the sake of modern obsession with duality, alchemy can be divided into two types.

Practical alchemy is chemistry; studying and manipulating the properties of matter to get what you want out of the universe.

Spiritual alchemy is what is discussed when achieving optimal self-improvement.

These 2 arts combined are what is used to assist in the creation of Monatomic Ormus Gold Liquid.